

Easiest Roast Beef Ever



All you need is a slow cooker and a few ingredients to recreate this flavoursome meal.

Ingredients

1 kg blade steak, trimmed of any visible fat
40 g packet French onion soup
420 g can condensed mushroom soup
1 tbsp Parsley Stir-In Paste

Method:

1. Grease the slow cooker lightly with oil. Place the beef in the slow cooker.
2. Whisk together the two soups and parsley and pour over the beef. Season with cracked pepper.
3. Cook on low for 6 to 8 hours.