

Zesty Chickpea, Tuna, Mint & Mixed Leaf Salad



When all the flavour is in the can, there is no need to dress the salad!

Recipe supplied by John West & Edgell.

Ingredients

70g can Edgell Snack Time Chickpeas with Zesty Vinaigrette

95g can John West Tuna - in Olive Oil Blend, drained and oil reserved

1 cup mixed green salad leaves

6 cherry tomatoes, halved

¼ small red onion, finely sliced

1 tablespoon slivered natural almonds

1-2 tablespoons crumbled fetta

¼ cup fresh mint leaves

Method:

1. Combine all ingredients. Check for seasoning and drizzle with reserved oil from John West Tuna, if desired.