Lentil Orange & Red Onion Salad



A twist on traditional lentil salad! Sweet slices of orange, red onion and peppery rocket take this salad to the next level.

Recipe supplied by Edgell.

Ingredients

1 small orange, peeled and sliced

1/4 red onion, thinly sliced

2 tablespoons toasted almonds, chopped

1 cup rocket

70g can Edgell Snack Time Lentil with Capsicum, Oregano and Onion

Method:

- 1. Combine orange, onion and half of the almonds.
- 2. Arrange rocket in the serving bowl. Top with orange mix, Edgell Lentils and lightly toss to combine.
- 3. Sprinkle with remaining almonds. Serve.