

[Raw Pad Thai Noodle Bowl](#)



Try our fresh and tasty Pad Thai Noodle Bowl to pack in your veggies. It's easy to make for a quick lunch or dinner with no cooking required – and it's vegetarian and gluten free.

Ingredients

- 3 green zucchinis
- 1 medium carrot
- 1 cucumber
- 1/2 cup red cabbage
- 2 green onions
- 2 tbsp fresh cilantro
- 2 tbsp toasted cashews
- 2 tbsp soy sauce (for the cashew dressing)
- 2 bsp natural cashew butter (for the cashew dressing)
- 2 tbsp lime or lemon juice (for the cashew dressing)
- 2 cloves garlic, minced (for the cashew dressing)
- 3 dates, pitted (for the cashew dressing)

1/2 tsp cayenne or red chilli flakes (for the cashew dressing)

1/2 cup water (for the cashew dressing)

Lime wedges to serve

Method:

1. Slice the green onion and cucumber, shred the cabbage, spiralize or julienne the other veggies.
2. Mix all salad ingredients together in a large bowl.
3. Whisk together the dressing ingredients, then toss in with the veggies.