ETON MESS with a twist



This whimsical treat will be ready to gobble in minutes.

Ingredients

300 mL cold thickened cream

1 limes zest only

300 g meringue nests, crushed

500 g strawberries, washed, hulled and sliced

Method:

- 1. Whip the cream until it stands in stiff peaks, 4 minutes.
- 2. Fold the zest of the lime into the cream.
- 3. Add the crushed meringue nests and most of the strawberries, then fold it all together. Spoon into 6 small or one large bowl.