Pesto eggs on toast



Put a spin on brunch by adding a simple pesto to your eggs on toast. Our pesto recipe uses kale but you can use any leafy green like spinach, traditional basil or a mix of your favourite herbs. YUM!

Ingredients

4 eggs

4 slice of bread

2 avocado

1/4 cups crumble feta cheese

4 leaves Tuscan kale, stem removed (for the pesto)

1/4 cups toasted pine nuts (for the pesto)

1 clove garlic (for the pesto)

1/4 cup olive oil (for the pesto)

1/4 cup water (for the pesto)

Method:

1. To make pesto, blanch kale in hot water and squeeze out excess water.

- 2. In a blender, blend all the pesto ingredients together until smooth.
- 3. Toast bread and thinly slice avocado, arranged avocado slice on toast.
- 4. In a frying pan over medium low heat, add about 2 tbsp of pesto per egg, spread it out with a cooking spatula, drop each egg onto the pesto and fry it until the egg white is cooked but the yolk is still runny.
- 5. Transfer the pesto eggs over avocado toast. Sprinkle with crumbled feta.
- 6. You can keep leftover pesto in the fridge or freezer for later use.