

EASY Zucchini Slice



In need of some breakfast or lunch inspiration? Try this healthy alternative which is perfect for meal prep and is delicious when served with a side of crusty bread or a simple salad.

Ingredients

8 eggs

1/3 cup grated zucchini (squeezed of excess liquid) + 1 extra for garnish

120 g self-rising flour

1 1/3 cup grated cheddar cheese

Method:

1. Preheat oven to 180C. Line a 20 x 30cm baking dish with baking paper.
2. In a large bowl, whisk the eggs, until light and fluffy, 2 – 3 minutes.
3. Add the remaining ingredients and season.
4. Pour the contents into the prepared dish.
5. Bake for 30 minutes or until nice and brown. Allow cooling before slicing to serve.