Baked Berry-Bix Cups



A baked twist on Weet-Bix porridge, these berry cups are a wholesome breakfast for your mornings.

Recipe supplied by Sanitarium.

Ingredients

4 Weet-Bix[™] wheat biscuits

2 large eggs

1 medium banana

1/2 tsp baking powder

Pinch of salt

1/2 cup frozen mixed berries

To serve

2 tsp maple syrup, optional

Method:

1. Preheat oven to 200°C.

- 2. Combine Weet-Bix, egg, banana, baking powder, and salt in the jug of a processor or blender. Pulse until smooth.
- 3. Divide batter into two 1-cup ramekins, and top with berries.
- 4. Bake 20-25 min until puffed and cooked through a toothpick inserted into the centre will come out with a few crumbs clinging to it. Drizzle with maple syrup if using, and serve warm or at room temperature.